

McKeesport Area High School Color Guard

Rules and Regulations 2010-2011

1. Attendance is mandatory. You must attend all rehearsals. Work or doctor appointments or not acceptable excuses.
 2. Respect yourself as well as the others around you. (Others include other guard members, instructors, chaperones, bus drivers, other organizations)
 3. If a staff member is talking, your equipment should stay still and your mouth closed.
 4. Arrive on time. If rehearsal starts at 3:30, you need to be there by 3:15, to be ready to work.
 5. If you miss a rehearsal the week of a show you will be sitting out that weekend.
 6. No one can leave rehearsal early or a show. We arrive together and we leave together. No exceptions.
 7. All rehearsals are closed, unless told otherwise.
 8. **No cell phones. Need to be left in your bag.**
 9. No inappropriate language or behavior will be tolerated. This could result in an automatic dismissal from the guard if not followed.
 10. No chewing gum at rehearsal.
 11. Proper attire should be worn at practice. Example: Tennis shoes **MUST** be worn at every practice. Absolutely **NO** spaghetti strap tank tops.
 12. Help each other, give advice to everyone. But remember that no one is perfect and we all have feelings.
 13. The guard director will have the right to remove a member from the guard if she does not abide by the above rules as well as if the director feels that the member cannot perform to the best of their ability.
 14. Each member is responsible for buying their own wind suit, and they range from 60-80 dollar, also guard gloves are about 12 dollars. If there's a problem with coming up with the money you can talk to me in private and we'll figure something out. You also can fundraise to help with this expense.
 15. No eating or drinking in uniform. Only water is allowed.
 16. Water **MUST** be brought to every practice. If you don't have one you better have a nice friend to let you have a drink.
 17. Remember you are representing your school so always be on your best behavior when we leave the school to go to the shows. Show respect to everyone.
 18. Most of all being a part of this group is an honor and you should respect it and want it to grow, and build as well as your own personal growth in the maturity of the program. There are great opportunities that can arise from this as well as learning to work as a team to achieve a unified goal.
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